



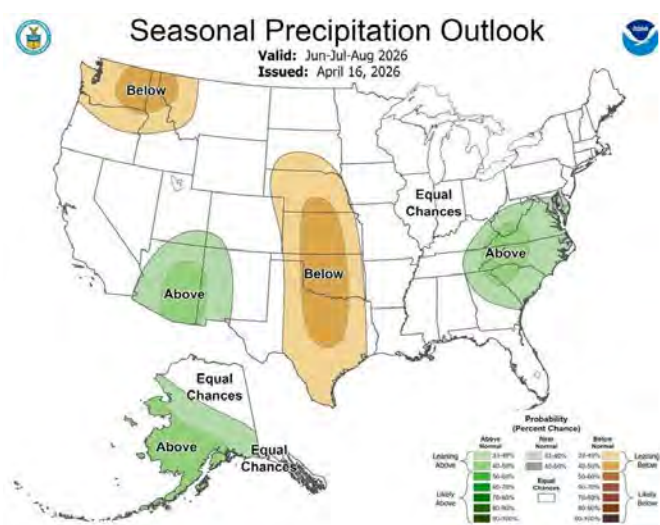
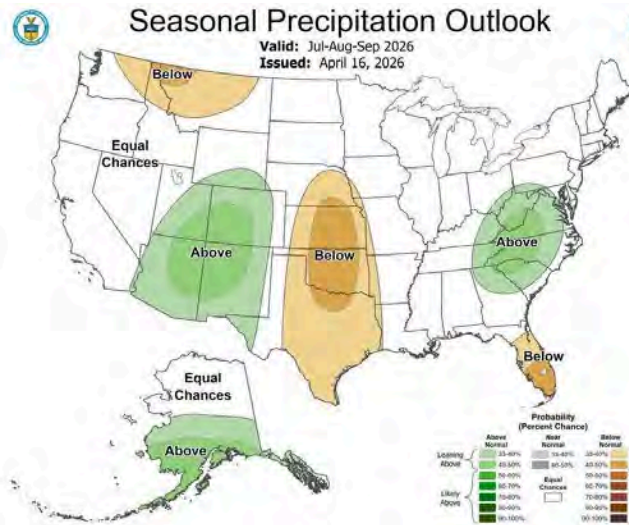
# Tommyknocker Tales May 2026 Edition

We try to keep this short, sweet and entertaining. If there is anything in here that you need more information on or are curious about, just reach out to us at [dale@hardrock100.com](mailto:dale@hardrock100.com).

There's a lot going on at Hardrock HQ this month so bear with us as we expand this month's edition to include everything!

## Let it snow ????

Well, it may be a little late for any meaningful snow to fall but we are encouraged by the possibility of an [El Nino](#) pattern developing in the San Juans and bringing moisture to us soon! The long term prediction for the monsoon in the San Juans is looking good (Jun-Aug on top, Jul-Sept bottom):



## Your Bio

Please take a couple of minutes and let us know a little bit about [Y-O-U](#). What are you looking forward to this summer? What should we know about you? Responses to the questions on this form will be used to populate the runner bios on the digital screens in the Silverton gym, your MAPProgress runner online tracking profile and Hardrock livestream. This information will not be shared or sold for any marketing or external informational use.

## This month's zoom Q & A

If you and/or your crew have questions or would like more info on crewing and aid stations, you're in luck this month. Join us on May 14th at 6 pm MDT as Chris Twiggs welcomes his guests-crewing veterans and aid station captains, to share their secrets and advice. If you have a question for our guests, you can leave them [here](#). Join us on [zoom](#) or check out the session on our [YouTube](#) channel afterwards



## Tailwind Flavor Survey

Once again in 2026, we are pleased to be partnering with Tailwind Nutrition to provide on course hydration for you. [We'd love to know what flavor you'd like to see at our aid stations.](#)



### Cook Hardrock

Come be a part of Hardrock's annual food prep extravaganza, where we make from scratch a pile of pumpkin pies, braise a bushel of beef brisket, simmer scads of soup and much more for this year's run.

Led by Johanna Bishop, R.D. and Chef Robert Panas, we'll be cooking up a storm in Greeley on Fri/Sat June 12/13 from at least 8a-4p both days.

Many hands make light work, and we'd love to have some Hardrockers past, present & future join in. No cooking experience required - we've got something for everyone.

For those looking to fill a service requirement, these hours definitely count. If you're interested in joining, email [brad@hardrock100.com](mailto:brad@hardrock100.com) for the address & more details.

### Camping at Kendall Ski Area

Hardrock is pleased that we can offer camping to the Hardrock community at the Kendall Mountain Recreation Area, 1 Kendall Pl, Silverton, CO 81433. There will be **30** spots reserved for Sprinter type vehicles and **150** spots reserved for car/tent camping. **Permits and spaces will be issued on a first come, first served basis till full.** You can sign up for camping [here](#).



### Welcome to Lake City

We hope your miles are smooth and you enjoy the views that this section of the San Juans offers you. Lake City is thrilled to have you passing through our beloved, quaint community. Only 30 minutes from the Sherman Aid Station are shops, restaurants, and a grocery store. Be sure to stop in to rest, dine, and shop! A drive to the breathtaking Lake San Cristobal, Colorado's second-largest natural lake, is a must.

### Hardtalk Podcast

We hope you all enjoyed Chris and Dan's conversation with Miichael Wardian and the musings of Dan and Chris on Hardthoughts last month. Join Chris and Dan this month as they feature their conversation this month with our Volunteer Coordinator, Sweeper Coordinator and Chapman Gulch Aid Station Captain, Bill Schum, along with another edition of Hardthoughts. Check Hardtalk out wherever you get your podcasts.



### Hardrock Hall of Fame

In case you missed it, The Hardrock Hundred Endurance Run is pleased to announce the selection of our 2026 Hall of Fame class. This class includes those who were instrumental in creating the Hardrock Hundred as well as names which have become synonymous with Hardrock. We'd like to introduce you to the 2026 Hardrock Hundred Endurance Run Hall of Fame class:

Shauna Blaylock, Steve Blaylock, Rebecca Clark, Roch Horton and Rick Trujillo. You are all welcome to the HoF celebration on Wednesday of Camp Hardrock.



**Pacer/Runner Matchmaking?** The [Pacer-Runner Matchmaking](#) spreadsheet is ready to help find you your perfect trail partner!

## Some important dates to remember !!!!

**Thursday, May 14** - Monthly Hardrock zoom "Crewing and Hardrock aid stations"

**Monday, June 1** - Last day for a 50% refund for 2026 Hardrock

**1st/2nd week of June** - 2026 Runners Manual (incl Camp Hardrock schedule) available

**Monday, June 22** - Deadline to submit your [service form](#) or lose your spot in this year's Hardrock



## A few reminders:

- Dogs are generally welcome at Hardrock as long as they are on a leash and under control (see our [Pet Policy](#) for more details).
- There are no drones allowed during Hardrock (except by our livestream operators in select, permitted locations)
- The awards celebration on Sunday will be outside and usually lasts 2 hours or more. Sunscreen, a comfy chair and shade protection are all suggested.



## Sharing the San Juans

Believe it or not, there will be people recreating in the San Juans who aren't there to be a part of Hardrock. We know, it's crazy! Please be good ambassadors of our event and of our sport and see this as an opportunity to share the Hardrock story with the jeeps, OHVs, ATVs and others who you and your crews will encounter on the roads during Hardrock. PLEASE respect their right to recreate in their own way.

## Trail and Road report

The warm weather has allowed us to start getting on the trails. Here's our first report:

- South facing trails to about 11,500 feet are melted.
- North facing trails to about 10,000 feet are melted.
- As of 4/30 Ophir Pass road is closed on the Telluride side.

Current road information can be found here:

- [San Juan County](#)
- Ouray County road report can be found on [Facebook](#) and [Instagram](#)
- San Miguel County-No report



## Ways to stay in touch with Hardrock

Just a reminder, the best ways for you to keep up to date on what is happening with Hardrock are our [website](#), [listserv](#), [Facebook](#), and [Instagram](#).

We acknowledge the land the Hardrock Hundred traverses is the ancestral homeland of the Ute, Puebloan and Diné people. Information about this land is often told from dominant perspectives, without full recognition of the original land stewards. We invite others to join us in this acknowledgment to heal, renew and reaffirm the First Nations' history and continued presence in Colorado and pay tribute to these traditional homelands and its people.

All or part of this operation is conducted on Public Lands under special permit from the U.S. Bureau of Land Management and U.S. Forest Service.