



Monday Memo June 16, 2025 Edition

Only 5 days till summer starts! If there is anything in here that you need more information on or are curious about, just reach out to us at dale@hardrock100.com.



Hardrock Course Q&A Zoom

Make plans to join us this Thursday at 6 pm MDT as Chris Twiggs welcomes Hardrock course director Brett Sublett, trail work coordinator Trevor Peterson and HRH course clearing coordinator Betsy Kalmeyer to answer your questions regarding the Hardrock course. If you have a question for our guests, you can leave it [here](#). Join us on [zoom](#) or check out the session on our [YouTube channel](#)

As long as we are talking about the course, we'd like to remind you that the Bear Creek (Ouray) Trail is closed during the week. If you'd like to train on that portion of the course, it is open on the weekends. We would also like to let you know that the repairs on Camp Bird Road are finished and it is now open!

Your Bio

Let's give the HRH [livestream](#) announcers to talk about and something for [MAPprogress](#) to put on your public profile. [Please take a couple of minutes and let us know a little bit about Y-O-U](#). What are you looking forward to this summer? What should we know about you?



Leave No Trace

Hardrock is proud to partner with the [San Juan Mountains Association](#) in expanding education about [Leave No Trace](#). To sweeten the deal for you, we are asking you to learn and be a part. As is our custom, we will give away SWAG during our Runners Briefing. *In order to be eligible for those drawings, all you need to do is show the SJMA that you have completed the [LNT 101 online course](#) when you check in on Wednesday or Thursday.* We think it's a win-win; you may get SWAG and the San Juans get a better educated and more aware runner!

Camp Hardrock Schedule

There's been some updates to the Camp Hardrock schedule. Here is the [link](#) for ALL activities throughout the week.



Anesi Park Showers

The town of Silverton has finished updating the bathrooms and shower facilities at [Anesi Park](#) (on Empire St between 12th & 13th). The showers are open from 7 am to 8 pm. The cost is \$5 (cash only) for 5 minutes.

Hardrock FM

We all have those special songs we like to listen to while running or get us psyched to run, why not share them with the Hardrock community?. We invite you to share/add your favorite running and trail songs this year. Let us know your favorites [here](#) and then we'll be sure to add those songs to our playlist.



RHUBARB PIE!!!

After a 2 year hiatus, the famous Silverton Library Rhubarb Pie Fundraiser is BACK! If you're a fan of both amazing pie and public libraries (which conservatively covers about 99% of the world's population) and will be in Silverton by July 3, GET ON IT. [ORDER HERE](#) by June 25th.

Pacer/Runner Matchmaking GoogleSheet

Need a Pacer? This year's [Pacer-Runner Matchmaking Spreadsheet](#) is ready to help find you your perfect trail partner!



Here's a couple of partner perks

Tailwind Nutrition was born in Durango, just miles from the Hardrock Hundred course. From alpine climbs to relentless descents, they know what it takes to keep going.



That's why they created simple, gut-friendly fuel that works with your body, not against it. Tailwind keeps you

- Hydrated on easy days (Rapid Hydration)
- Fueled during your toughest efforts (Endurance Fuel + High Carb Fuel)
- Recovered and ready for more (Recovery Mix)

No gut bombs. No guesswork. Just pour, shake, and go!

[Use code HR20 for 20% off your first order.](#)



The new INSTAgaiter® SL is **Kahtoola's** minimalist, strapless gaiter meant for

trail runners and thru-hikers. Coming in at 24% lighter than the original

INSTAgaiter®, the absence of an instep strap offers a simpler design with the

same breathable protection from trail debris and light moisture. Available in 4

colors and each order includes a strip of Velcro so they can be used on any footwear. Visit [Kahtoola.com](#) to shop the INSTAgaiter® SL now!

They're extending an exclusive offer to the Hardrock community for a limited time!

[Use the code HARDROCK2025 at Kahtoola.com for 20% off your entire order until June 30th.](#)

*discount code excludes past season gaiters and pro program members.



Ways to stay in touch with Hardrock:

Just a reminder, the best ways for you to keep up to date on what is happening with Hardrock are our [website](#), [listserv](#), [Facebook](#), [Twitter](#) and [Instagram](#).

We acknowledge the land the Hardrock Hundred traverses is the ancestral homeland of the Ute, Puebloan and Diné people. Information about this land is often told from dominant perspectives, without full recognition of the original land stewards. We invite others to join us in this acknowledgment to heal, renew and reaffirm the First Nations' history and continued presence in Colorado and pay tribute to these traditional homelands and its people.

All or part of this operation is conducted on Public Lands under special permit from the U.S. Bureau of Land Management and U.S. Forest Service.