



# Tommyknockers Tale January 2025 Edition

We try to keep this short, sweet and entertaining. If there is anything in here that you need more information on or are curious about, just reach out to us at [dale@hardrock100.com](mailto:dale@hardrock100.com).

## Welcome to the 2025 Hardrock!!

Tommyknocker Tales is a monthly newsletter that we will be sending out to keep you informed. We'll leave it to you to research what a Tommyknocker is and how it relates to the Hardrock Hundred Endurance Run. :-)

# 30

### Hardrock - The Big 3-0

We are really proud to let everyone know that the 2025 Hardrock will be the 30th running of Hardrock! (Yeah, we had a few years when we organized but didn't run.) Watch for announcements about how we are going to celebrate this milestone.

### Where do I stay?

Probably the 2nd most daunting task of running Hardrock is finding a place to stay. Lodging in Silverton can be challenging at best so please don't sleep on making arrangements. We will also offer free camping at Kendall Mountain starting the Wednesday before Hardrock. Finally, don't forget to check out options in other Hardrock towns - Ouray, Telluride & Lake City; as well as Durango; are full of great options.



### Hardrock Zoom Sessions

Mark your calendars for our monthly zoom sessions starting next month. Join 17-time Hardrock finisher and [Hardtalk](#) co-host, Chris Twiggs, as he and his guests share information and advice on a variety of topics. Can't make them? Don't worry, they'll be recorded and put on our [YouTube](#) channel. Here's the schedule:

Feb. 2/20	6 pm MST	Hardrock Veterans Panel
March 3/20	6 pm MDT	Preparing and training for Hardrock
April 4/17	6 pm MDT	The Hardrock community-the towns of Hardrock, Camp Hardrock
May 5/15	6 pm MDT	Crewing and aid stations
June 6/19	6 pm MDT	The Hardrock course (conditions, marking, etc.)



## Hardrock Gives Back!



Hardrock believes that giving back to the ultra community is important. We ask that each of you find a local ultra event and give 8 hours of service back to our community by June 15th of this year. The 2025 [Service Requirement Form](#) is available for download on OpenSplitTime. To download the form, visit the lottery link and follow instructions you find there.



### 2025 Runners Manual

We are aiming for the release of the 2025 Runners Manual around the end of May. If you'd like to get a preview of what you can expect, here is the [manual](#) from last year.



### What about the snow???

Hardrock monitors snow levels very closely. We will send out regular snow totals so that you are aware of how much snow the San Juans are getting. If you'd like to monitor levels more closely, current snowpack totals can be found [here](#). You can also view historical numbers on our [website](#).

### Refund Policy

We realize that things may change between now and July in your life. Family (always the most important), injuries and life may require you to give up your spot next July. While we don't offer a roll over of your entry ([except for pregnancy/adoption](#)), we will give you half of your entry fee back if you let us know prior to June 1st.

### Drones

Every year we are blown away by some of the videos and personal documentaries that are created by you. We would like to remind you that our event is held under a special event permit issued by the Bureau of Land Management and US Forest Service, as well as local jurisdictions. As such, we need to abide by their guidelines. Accordingly, **the use of drones during Hardrock is NOT allowed.**



### Ways to stay in touch with Hardrock:

Just a reminder, the best ways for you to keep up to date on what is happening with Hardrock are our [website](#), [listserv](#), [Facebook](#), and [Instagram](#).

***Guess that's about it for now. The entire Hardrock crew wishes you a happy new year! If there is anything we can do for you, please don't hesitate to reach out to us! We're looking forward to your being part of Hardrock in 2025!!***