



## Tommyknockers Tale April 2025 Edition

We try to keep this short, sweet and entertaining. If there is anything in here that you need more information on or are curious about, just reach out to us at [dale@hardrock100.com](mailto:dale@hardrock100.com).

### Welcome Spring!

We've reached the unofficial snow season and now turn our attention to snow melt vs snow accumulation. Resisting an April Fool's Joke about the snow in the San Juan, because the snowpack is no laughing matter! Seriously, March saw a good amount of snow arrive in the San Juans (30" in Silverton and more than 40" on parts of the course), bringing the snowpack up to nearly the 20-years average in the San Juans. See for yourself as measured at the [SNOTEL site](#) on top of Red Mountain Pass. Of special interest is the Snow Water Equivalent, which measures how much moisture is in the snowpack. Fingers crossed for more storms in April!



### Camping Hardrock

Once again this year, Hardrock is pleased that we can offer camping to the Hardrock community at the Kendall Mountain Recreation Area, 1 Kendall Pl, Silverton, CO 81433. There will be 30 spots reserved for Sprinter/RV/trailer vehicles and 150 spots reserved for car/tent camping. Permits and spaces will be issued on a *first come, first served* basis till full. If you'd like to reserve your spot, please let us know [here](#).



### Hardtalk Podcast

We hope you all enjoyed the [conversation](#) with Team Heaphy (Mark and Margaret) last month. Join Chris and Dan this month as they feature their conversation with "[Your Diet Sucks](#)" founders Zoë Rom and Kylee Van Horn. Check Hardtalk out wherever you get your podcasts.



### Maurten Joins Hardrock

The Hardrock Hundred Mile Endurance Run is proud to announce that [Maurten](#) has joined the Hardrock family as the official gel and solid bar partner. Maurten will be there to fuel the community from the start until kissing the Hardrock — throughout the 102.5 miles. Maurten makes fueling for ultra and trail runs easier — Maurten products will be provided on course, fueling athletes with carbohydrates to ensure energy and performance.

### Pacer/Runner Matchmaking GoogleSheet

Need a Pacer? Our Pacer Coordinator Andrea has this year's [Pacer-Runner Matchmaking Spreadsheet](#) ready to help find you your perfect trail partner!



### Say hello to Telluride

*Telluride is a place of legend, nestled at the end of a lush canyon and surrounded by some of Colorado's most rugged peaks. You will admire its greatness while venturing over 13,000-foot passes, and once you're here, you'll appreciate the views (and the fact that the end is just around the bend). A historic mining town at 8,750 feet in elevation, Telluride's natural beauty is a pleasant reward for navigating the surrounding wilderness. If you're not careful, you may never leave the aid station in Town Park! We wish all of the racers the best of luck and hope to welcome you to our piece of paradise this summer.*

### Hardrock Gives Back

Hardrock believes that giving back to the ultra community is important. We ask that each of you find a local ultra event and give 8 hours back. You can document your hours by going to your OpenSplitTime account or by following directions [here](#). Please remember that your giving back needs to be completed by **June 15th** and your form must be uploaded to OpenSplitTime by **June 23rd**. *If we don't have your service form by then, we'll give your starting spot to someone on the waitlist.* Also, did you know you can double check to make sure we have received it on our [entrants page](#)?



### Hardrock Zoom Sessions

This month's zoom session is all about medical preparation for this summer. Join Chris and his panelists on Thursday, April 17th at 6:00 pm (MDT) for this informative and hopefully, helpful hour of discussion and sharing all things to do with medical preparation and awareness..All sessions will also be recorded and available on our [YouTube Channel](#). Have a question for the panel? You can let them

know [here](#)

Some of you may know of media planning on covering Hardrock this summer. If you know of a media person/organization who is planning to attend Hardrock , we are asking all media to apply for a media credential. [Please share this link with them](#). Please direct any questions to [Dan Ryan, HRH Media Director](#).



**Ways to stay in touch with Hardrock:** Just a reminder, the best ways for you to keep up to date on what is happening with Hardrock are our [website](#), [listserv](#), [Facebook](#), and [Instagram](#).



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