



Runners Manual

July 10-12, 2026

Clockwise

Ophir, Telluride, Ouray, Lake City, Silverton

***There is so much more in this world to see than
where the roads take you...***

- John Capps

All or part of this operation is conducted on Public Lands under special permit from the U.S. Bureau of Land Management and U.S. Forest Service

Notable Updates for 2026

- **Animas Forks Aid Station returns to Grouse Gulch**
 - In conjunction with BLM, Hardrock has moved the aid station in the Animas River valley from the Animas Forks townsite back to its location in 2021 & prior at Grouse Gulch, where the Handies Peak trail turns off of CR 2.
 - This removes the Animas Forks / CR 9 loop, shortening the course by 0.64mi.
 - Significant changes in crew access, parking, restroom access and the Eureka Staging Area to follow - please read the [Crew Access Aid Station](#) section thoroughly.
- **Eureka Staging Area - Now Permanent**
 - Grouse Gulch sits at 11,000' with no utilities or phone reception and limited parking. It is not equipped to handle the congestion of crews hanging out for 3+ hours in advance of their runners' arrival.
 - Crew vehicles will be held at the Eureka Campground and released to continue to Grouse Gulch once their runner crosses past Oh! Point (approx. mile 53). Hardrock staff at Eureka Campground will have live GPS tracking and a public wifi hotspot to keep track of runners.
 - Crew passes will be specific to runner bib numbers, and vehicles must display their runner's pass to be allowed to park & crew at Grouse.
 - For more details, see the [Crew Access Aid Station Driving Directions](#).
- **Telluride Crew Parking**
 - As requested by the Town of Telluride, Hardrock crews may no longer park in the Town Park lot. Use public parking at the Silverjack and Shandoka (*change as of 7/7/26*) lots; there is also a short-term unload zone at the end of Pacific St. See the [Crew Access Aid Station Driving Directions](#) section for more details.
- **Road Construction**
 - As always, summer is road construction season in the high mountains; check with [CDOT](#) and others to get the most up to date information.
- **Camp Hardrock Childcare is Available**
 - Silverton Family Learning Center is accepting drop-ins on July 9th and 10th from 8:00 AM to 4:00 PM for Hardrock participants and visitors. Daily rate for infants (6 weeks-13 months) is \$120. Daily rate for toddlers (13 months-36 months) is \$100. Daily rate for ages 3-5 years is \$80. Please reach out to [Holly or Bekah](#) with questions or to reserve a spot by June 26th.
 - Silverton PEAK Summer Programming is available July 6-9 for students who have completed kindergarten through fifth grade. Full day is 9:00AM - 3:00 PM; it costs \$50 for the full day and \$25 for a half day. [Registration](#) is due by May 29th. Inquiries after 5/29 are welcome, but spots may be limited. Reach out to [Mrs. B](#) at with questions.

- **Hardrock Course Update - Virginius Pass / Governor Basin**

- In order to cooperate with a mine remediation project in Governor Basin, the course will make a small detour on the descent from Kroger's Aid Station. Download the [new GPX file](#), along with the edited [Course Description](#). Rest assured this detour will be abundantly marked on race day. Please follow course markers through the detour and you will rejoin the original Hardrock course in about .6 mile. [See a close-in map of the detour](#)

Welcome

We're excited to have you join us at the Hardrock Hundred Endurance Run!

Hardrock is an ultramarathon of approximately 101.8 miles in length, plus roughly 33,441 feet of climb and 33,441 feet of descent, at an average elevation of over 11,000 feet. The run is held on a loop course on 4WD roads, dirt trails, and cross country in southwest Colorado's San Juan Range, USA.

The run starts and ends in Silverton, Colorado and connects the mountain towns of Sherman (Lake City), Ouray, Telluride and Ophir, crossing thirteen major passes over 12,000 feet, with the highest point on the course being the 14,048 foot Handies Peak summit. The run is annually held in mid-July, and reverses direction each year. At the finish, runners kiss the iconic Hardrock (a picture of a ram's head painted on a large block of stone mining debris).

In 2026, the run will be held in the clockwise direction.

Our course offers a graduate-level challenge for endurance runs. The course is designed to provide extreme challenges in altitude, steepness, and remoteness.

The cut-off time for finishing the run is 48 hours. Current fastest performances are held by Ludovic Pommeret (21:33) and Katie Schide (25:50), set in 2024 and 2025, respectively. The average time required to finish this run in this direction is just under 40 hours. The course covers extremely rugged terrain including steep scree climbs and descents, snow packs, river crossings, and boulder fields. Runners who finish in over 40 hours will experience two sunsets.

The run was founded in 1992 by Gordon Hardman, John Cappis, Charlie Thorn, Dale Garland and Rick Trujillo as a tribute to the old time miners who followed their mules and instincts, prospecting the San Juans for gold, silver, and other metals. These miners endured cold, snow and avalanches, hunger, mining accidents, and a host of other hazards that we have difficulty imagining today. The miners enjoyed the immense beauty of the San Juans regardless of the risks, and we hope you find the same on your wild and tough adventure.

Rules

1. No Muling. Pacers may not carry water, food, flashlights, shoes, clothing, or other supplies for their runner or provide any other type of mechanical or physical assistance to their runner on the course.
2. Runners must leave each aid station by the [posted Cut-Off time](#).
3. No stashing of supplies along the course and no accepting aid except within 400 yards of a designated aid station.
4. Runners agree that they must be able to safely and responsibly manage themselves throughout the event. Any runner determined by run officials or medical staff to be significantly impaired, unable to make sound decisions, or unable to continue safely — regardless of cause — may be pulled from the course.
5. Aid Station Captains have the authority to act on behalf of the Hardrock run management.
6. Runners may have only one pacer on course with them at a time. Pacers may meet their runners at [crew access aid stations](#) only.
7. The course is closed - runners are required to follow the specified route. This includes no cutting of switchbacks. If a runner deviates from the route, they must backtrack to the point at which they departed before continuing.
8. All runners must complete a [Service Requirement](#) prior to the run's start.
9. All runners are required to carry a run-provided [GPS Tracking](#) device.
10. Runners are responsible and accountable for the actions of their crews/pacers before, during and after the run.
11. Runners are not allowed to take a ride in a vehicle where it advances their progress or compensates for runner error. Runners may, after checking into an aid station, rest and get warm in a stationary vehicle.
12. Runners that drop must inform the nearest Aid Station Captain, have them cut off the ID bracelet, and turn in their GPS tracker.

Notable rule violations will be taken up by the Run Director and a tribunal of run staff. Penalties may include time penalties, disqualification and/or banning from future Hardrocks. The Run Director has final discretion on all penalties and questions that arise.

Schedule

June 25 - July 3 - Course Orientation Runs

Familiarize yourself with the Hardrock course and pick the brains of Hardrock veterans on these casual hikes/runs. While these are not intended to be hard training runs, note that no section of Hardrock is easy, and all participants are responsible for showing up in shape for the day's effort and bringing their own food, water, and gear. Poles and rain protection are recommended; extra 4WD vehicles appreciated. Meet at 7am each morning at [750 West 5th Street, Silverton](#), except as noted. Contact [Chris Twiggs](#) for more info.

Thursday, June 25 - Silverton to KT Aid Station (Meet at [Silverton School Gym](#))

Friday, June 26 - South Mineral Campground to Grant-Swamp Pass O&B

Saturday, June 27 - Chapman to Telluride (Meet at [Telluride Town Park](#) at 7am)

Sunday, June 28 - Telluride to Ouray (Meet at [Fellin Park, Ouray](#))

Monday, June 29 - Bear Creek Ouray to Engineer Aid O&B (Meet at [Bear Creek Trailhead](#))

Tuesday, June 30 - Grouse Gulch to Handies O&B

Wednesday, July 1 - Maggie Gulch past Pole Creek O&B

Thursday, July 2 - Cunningham Gulch to Buffalo Boy Ridge O&B

Friday, July 3 - Cunningham Gulch to Silverton

Monday-Friday 6/29-7/3

08:00-16:00 Aid Station Prep (Kendall Mtn Rec Center) All the activities that go into making our tremendous aid stations! Unpack, test, sort & make sure everyone's got the gear & food they need. Activities vary daily - see Aid Station Director [Brad Bishop](#). Lunch included. :)

Saturday, 7/4

The 4th of July in SW Colorado is definitely something not to be missed!

08:00 Blue Ribbon 5K & 10K (Memorial Park) Get the 4th off to a fast start! Free! [Register](#).

10:00 Silverton (San Juan County Courthouse) Join the Hardrock Hundred Precision Drill Team. Meet at the San Juan County Courthouse (15th & Greene). Wear something red, white or blue. If you don't want to march, come out anyway.

Dusk: Fireworks!!!

See everything that's going on in Silverton [here](#)!

Saturday/Sunday 7/4-7/5

08:00 Hardrock Trail Work (Silverton School Gym) All work crews meet in front of the Silverton School at 8AM. Groups will leave for trailwork locations by 8:30AM. 8 hours of support to the local trails, earning our dirt and giving back to the trails we love. Fill out the Hardrock [Volunteer Form](#) to get on the mailing list. Meetings are at the Silverton Gym more often than not, but you'll want to be in the know to be sure. Gloves, long pants & closed-toed shoes required.

Monday, 7/6

08:00-16:00 Aid Station Prep (Kendall Mtn Rec Center) All the activities that go into making our tremendous aid stations! Unpack, test, sort & make sure everyone's got the gear & food they need. Activities vary daily - see [Aid Station Director Brad Bishop](#). Lunch included. :)

Tuesday, 7/7

08:00-16:00 Aid Station Prep (Kendall Mtn Rec Center) All the activities that go into making our tremendous aid stations! Test, sort & make sure everyone's got the gear & food they need. Activities vary daily - see [Aid Station Director Brad Bishop](#). Lunch included. :)

09:00-13:00 South Mineral Creek Campfire Ring Naturalization Project (Ice Lakes Trailhead) Join [San Juan Mountains Association](#) to protect the Animas watershed by naturalizing campfire rings placed too close to waterways. Lunch provided. If you have gloves, please bring them but we'll have limited PPE on site. Get out, get dirty, and give back! [Sign Up](#).

Wednesday 7/8

08:00 Camping Hardrock Opens (Kendall Mtn Rec Center) [Sign up HERE](#). If you have RSVP'd then check in with our Camp Host when you arrive. If you arrive but haven't RSVP'd, please text our host, Pranay, at 970-227-4621 to see if there are spots left.

08:00-16:00 Aid Station Prep (Kendall Mtn Rec Center) All the activities that go into making our tremendous aid stations! Test, sort & make sure everyone's got the gear & food they need. Activities vary daily - see [Aid Station Director Brad Bishop](#). Lunch included. :)

12:00-16:00 Runner Check in & Tracker Distribution (Silverton School Gym) Sure you want to run?? Pick up all your info, reconnect with friends old and new and buy some Hardrock SWAG. Runners only need to check in either on Wednesday OR Thursday. BRING YOUR RUNNING PACK for the GPS tracking check-in.

Thursday 7/9

08:00-11:00 Runner Check in & Tracker Distribution (Silverton School Gym) See Wednesday for details. **ALL RUNNERS MUST BE CHECKED IN BY 11:00.** Any spots not claimed will be given to wait listed runners who have checked in at the Runner Check-in desk based on their position on their respective waitlists. BRING YOUR RUNNING PACK for the GPS tracking check-in.

12:00 Mandatory Runner Briefing (Silverton School Gym) We try to keep this to an hour as we come together to get all the last minute details, meet some special guests and get ready to run!!

13:15 or end of Runner's Briefing - Hardblock Run for ages 2-10 (Silverton School Gym) Always a crowd favorite! Get out your cameras! A short run around the block and into the official Hardrock finishers chute led by the highest placed male and female finishers from the 2022 Hardrock!!!! [Video](#)

14:00 Volunteer Briefing (Silverton School Gym) Lunch provided.

15:00 Drop Bag Deadline (Kendall Mtn Rec Center) Make sure you've got everything packed because it's headed out at 15:15!!

17:00-19:00 Free showers open (Silverton School Gym) Donations accepted to cover cleaning and staffing.

18:00-20:00 San Juan County Search and Rescue/Emergency Medical Services Fundraiser Dinner (Lacey Rose Saloon) sponsored by [The North Face](#), [Kahtoola](#) and [Altra](#) We hope you won't need them but we're glad Search & Rescue and EMS are here. Here is a way you can support the work they are doing. Buy tickets at the door.

Friday 7/10

05:00-05:45 Final Runner Check in (Silverton School Gym) This is so exciting!! ALL RUNNERS MUST BE CHECKED IN BY 5:45 A.M. OR LOSE THEIR SPOT! DON'T LAUGH...IT'S HAPPENED! BRING YOUR RUNNING PACK for the GPS tracking check-in.

05:00 Coffee & Limited Breakfast (Coffee Bear, Elevated Coffee & Natalia's Coffee)

06:00 Runner Send Off (Silverton School Gym) You're off!!!! Have fun, be safe and we'll see you at the rock when you return!!

06:15 Crew Briefing (Silverton School Gym) - Get the latest on the whats, whens & wheres of crewing your runner and ability to get answers to any lingering questions. We'll finish with plenty of time for you to meet your runner at Chapman/Telluride!

Saturday 7/11

TBA First Finishers Arrive (Silverton School Gym) Follow the runners' progress on [MAProgress](#), [OpenSplitTime](#), [our website](#) and on [Hardrock social media](#) and be there to welcome the first runners back to Silverton for their rendezvous with the rock!

10:00-18:00 Hardblock Street Party (Silverton School Gym) There'll be music, vendor booths, a beer garden and activities for the kids right next to the finish line so plan on making a day of it! Oh yeah, don't forget to have fun cheering on the finishers as they arrive at the rock! Also, sit and relax in the San Juan Mountains Association beverage tent.

Sunday 7/12

05:00-06:00 Hardrock Golden Hour (Silverton School Gym) Come and cheer the last finishers of this year's Hardrock. Think there isn't drama and a reason to be there?

06:00 Last Official Finisher (Silverton School Gym)

09:00 Awards Banquet/Ceremony (Memorial Park) Come celebrate and share stories with your fellow runners and volunteers! It's a perfect end to Hardrock 2026! Remember that this is an outside event that will last a couple of hours so plan accordingly. Please bring chairs, sunscreen, water and anything else you may need to enjoy the Colorado sunshine on a Sunday morning! **A donation of \$15 per person above 4 people in your runner's celebrating group is requested at breakfast to help cover this amazing buffet.**

Addresses:

Anesi Park [On Blair St between 12th & 13th St](#)

Coffee Bear [1309 Greene St](#)

Elevated Coffee [1219 Greene St](#)

Ice Lakes Trailhead - South Mineral Creek Road ~4mi NW of town ([Google Maps](#))

Kendall Mtn Rec Center [1 Kendall Pl](#) (east side of town across 14th St Bridge)

Lacey Rose Saloon [1219 Greene St](#)

Memorial Park [1800 Greene St](#)

Natalia's Patio [1159 Blair St.](#)

San Juan County Courthouse [1557 Greene St](#)

Silverton School Gym [On 12th St. between Snowden and Reese St](#)

The Hardrock Course

Hardrock is a mountain run that passes through some of the most beautiful and rugged mountains in the world.

It consists of four legs, linking the Telluride, Ouray, Lake City and Silverton areas. The finish is in Silverton, the same location as the start. The course is approximately 101.8 miles long, has a cumulative vertical gain of roughly 33,441 feet of climb and 33,441 feet of descent for a total elevation change of 66,882 feet, and takes place at an average elevation of about 11,000 feet. The high point is 14,048 feet.

This is a test of runners against the mountains. The course is on trails as much as possible. There are 14 aid stations; major aid stations will be located in the towns with less well-equipped aid stations in between. Runners are expected to be largely self-supporting between the towns.

The altitude range of this run (7,700 to 14,000+ feet) takes the runner through several climate zones. At the lower altitude, forests of aspen, pine, and spruce are common. Timberline is locally at about 11,800 feet, though this can vary greatly. Above timberline is alpine tundra and low vegetation interspersed with krummholz (low, stunted spruce, fir, and willow).

In the summer, animal life is abundant. You will almost certainly see elk in the high meadows, possibly with their young. Stay clear of elk: they can be ornery at times. Bears (black, not grizzlies) are present, though seldom seen. Mountain lions may also be encountered.

The run is a salute to the toughness and perseverance of the hardrock miners who lived and worked in the area.

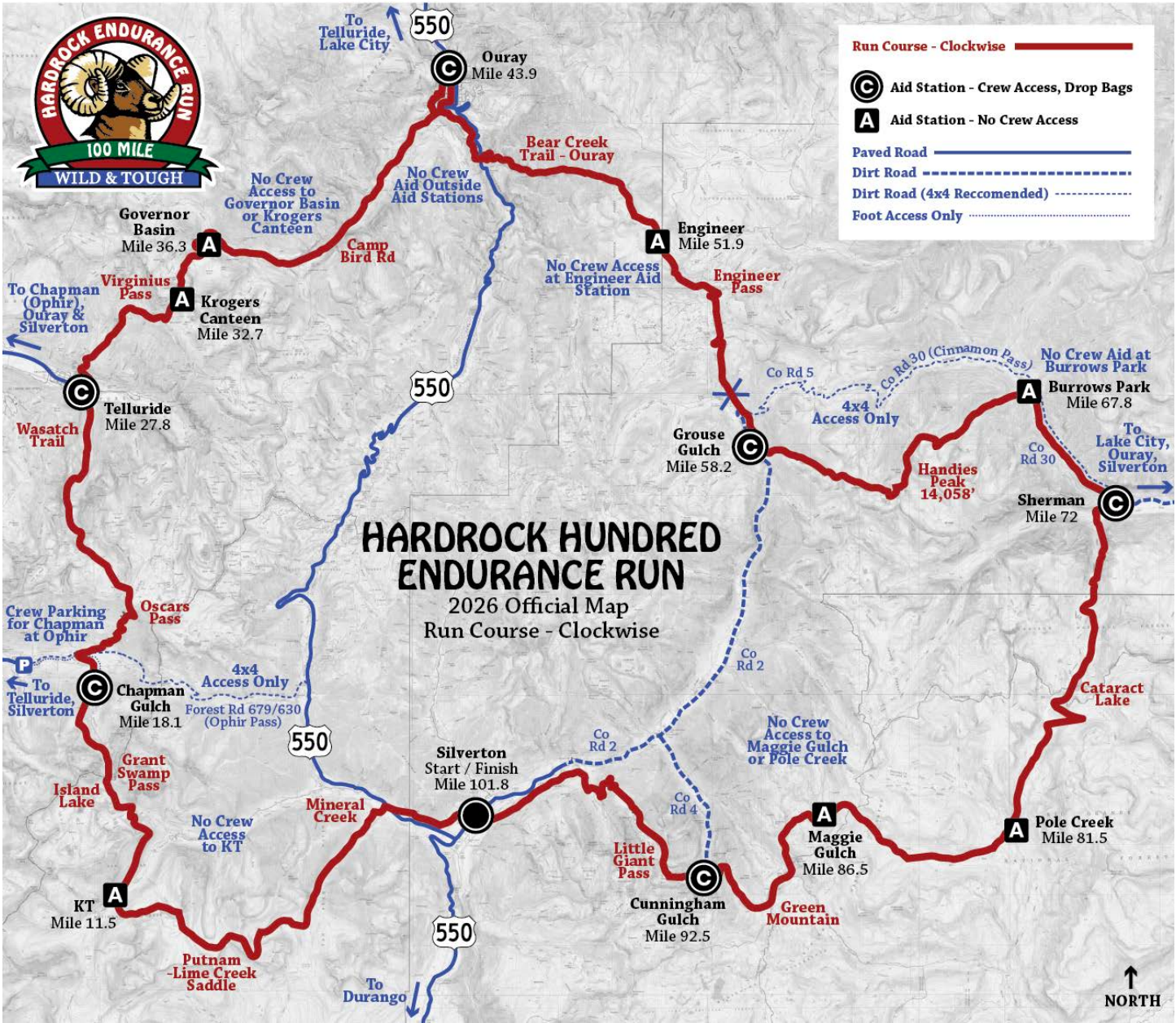
[Course Map](#)

[Written Course Description](#)

[GPX File](#)

Aid Station Table

STATION	Mile	Segment	Climb	Descent	Open Time	Avg 48Hr Pace	Cut Off	Elev	Bathroom	Access	Drop Bags	Crew	Lat/Long
KT	11.5	11.5	4069	-2749	Fri 0710	Fri 0945	Fri 1245	10628'		4WD			37.7890° -107.7972°
Chapman	18.1	6.6	2450	-2920	Fri 0820	Fri 1230	Fri 1600	10158'		Auto 4WD	Y	Hike In Only	37.8556° -107.8044°
Telluride	27.8	9.7	3090	-4500	Fri 1010	Fri 1615	Fri 2000	8748'	Y	Auto	Y	Y	37.9353° -107.8071°
Kroger's	32.7	4.9	4390	-40	Fri 1140	Fri 1910	None	13098'		Hike			37.9616° -107.7717°
Governor	36.3	3.6	0	-2425	Fri 1200	Fri 2010	None	10673'		Auto			37.9774° -107.7571°
Ouray	43.9	7.6	48	-3043	Fri 1300	Fri 2220	Sat 0315	7678'	Y	Auto	Y	Y	38.0283° -107.6731°
Engineer	51.9	8	4575	-455	Fri 1510	Sat 0240	None	11798'		Hike			37.9858, -107.6041
Grouse	58.2	6.3	1220	-2259	Fri 1620	Sat 0530	Sat 1030	10729'		4WD	Y	Y	37.9177° -107.5582°
Burrows	67.8	9.6	4432	-4603	Fri 1900	Sat 1240	None	10588'	Y	Auto 4WD			37.9370° -107.4610°
Sherman	72.0	4.2	0	-950	Fri 1940	Sat 1410	Sat 1600	9638'	Y	Auto 4WD	Y	Y	37.9007° -107.4331°
Pole Creek	81.5	9.5	3082	-1476	Fri 2225	Sat 1910	None	11244'		Hike			37.8061° -107.4669°
Maggie	86.5	5	1615	-1021	Fri 2330	Sat 2130	None	11838'		4WD		Pacer Xchange	37.8134° -107.5360°
Cunningham	92.5	6.1	1700	-3160	Sat 0110	Sun 0135	Sun 0200	10378'	Y	Auto	Y	Y	37.7932° -107.5777°
Silverton	101.8	9.3	2770	-3840	Sat 0340	Sun 0600	Sun 0600	9308'	Y	Auto	Y	Y	37.8123° -107.6655°



Aid Stations

Hardrock annually has 14 or 15 aid stations, depending on the direction of the run, and these together comprise the largest group of volunteers. Each aid station will have an Aid Station Captain and crew of 6-30 volunteers.

While all Hardrock Aid Stations strive to maintain a high level of care for the runners, logistics such as space, access and location necessarily cause some differences in what is available. Each aid station, regardless of location, typically goes above & beyond with a specialty “off-menu” dish for runners.

Hike-In (Kroger’s Canteen, Engineer, Pole Creek): The intrepid volunteers who staff these aid stations carry in all supplies using their own strong backs (and pack animals, if available), usually making multiple trips. Tasks include on-site filtering of gallons of water, digging a latrine, and collecting & chopping firewood. Food variety and quantity is limited, but the essentials are available of typical aid station food groups. Their backcountry location makes it important to abide by Leave No Trace principles and keep staffing numbers smaller. No Crew Access.

Road-Side (KT, Chapman, Governor, Burrows, Maggie, Cunningham): These stations typically have a wider food variety with multiple hot options, but are still limited by space. A few are allowed crew access (typically with some restrictions) or drop bags. Often residing in obscure pull-outs on key road crossings along the route, they provide a brief respite to refuel and warm up between long hours and arduous climbs/descents.

“The Big 4” (Telluride, Ouray, Grouse Gulch, Sherman): With the widest variety of available amenities, the “Big 4” aid stations can be depended on to have copious options for hot food & beverages, drop bags & other services. Runners often spend their longest breaks here, resetting their gear and stomachs for the miles ahead. Lights, port-a-potties/bathrooms, crew access and drop bags are standard. They have lots of action, lots of people, and generally the biggest volunteer staff.

A typical aid station menu contains:

Coffee/Tea/Cocoa	Cookies	PB&J
Coke/Ginger Ale	Chips	Candy
Tailwind	Pretzels	Fig Bars
Maurten Gels	Soup/Miso	Bananas/Oranges/Melons

Stations with vehicle access will also likely have:

Boiled Potatoes	Pumpkin Pie	Wraps/Quesadillas/Burritos
Turkey Sandwiches	Brisket	Bacon & Eggs
Avocadoes	Boiled Sweet Potatoes	Black Beans & Rice

Hardrock will strive to have options for vegetarian, vegan, and gluten-free runners. However, the accessibility of some aid stations may limit selection.

Runners with strict food restrictions should be prepared with their own food, as cross-contamination is hard to prevent in the backcountry.

For more information, see our [Volunteer Manual](#).

Solar and Lunar Data

	Friday, July 10	Saturday, July 11	Sunday, July 12
Astronomical Twilight Begins	4:05	4:06	4:07
Nautical Twilight Begins	4:48	4:49	4:49
Civil Twilight Begins	5:26	5:27	5:28
Sunrise	5:57	5:58	5:58
Sunset	20:34	20:34	20:33
Civil Twilight Ends	21:05	21:04	21:04
Nautical Twilight Ends	21:43	21:42	21:42
Astronomical Twilight Ends	22:26	22:25	22:24
Moonrise	1:50	2:37	3:35
Moonset	17:07	18:22	19:30
Moon Illumination	20.0%	11.0%	4.4%

Drop Bags

Runners are allowed to provide drop bags for transport to [designated aid stations](#):

Chapman (Mile 18.1)

Sherman (Mile 72.0)

Telluride (Mile 27.8)

Cunningham (Mile 92.5)

Ouray (Mile 43.9)

Finish (Mile 101.8)

Grouse Gulch (Mile 58.2)

Drop bags may be dropped off at the Kendall Mtn Rec Center (east side of town, across the 14th St bridge) between 0800-1500 Monday-Thursday of run week, with a final deadline of 1500 on Thursday.

Please weatherproof your bags as much as is reasonable. We cannot guarantee full weather protection for every bag. That can be as simple as putting your clothing in a Ziploc bag inside the main bag.

Bags need to be labeled with your NAME, BIB NUMBER and LOCATION they are traveling to.

Drop bags will be returned to the Rec Center progressively as aid stations close, with all returned by the end of the Awards Breakfast on Sunday.

Crewing and Pacing

1. Respect the land and other users you encounter, especially those who may not be affiliated with or aware of the run. [Practice courteous driving on narrow mountain roads](#) - especially noting that downhill yields to uphill.
2. The Aid Station Captain is in charge of the aid station, including where & when crews are allowed.
3. Supplies and facilities are limited. Plan to be self-sufficient, and leave the water, food and facilities for the runners, pacers and run staff.
4. Respect the environment. Park where directed, pack out all trash, and use only appropriate bathroom practices/facilities.
5. Pets are not allowed in the main aid station area or on course with runners during the run. (see [Pet Policy](#) for more details).
6. Children are allowed in aid stations only under adult supervision.
7. Pacers may meet their runner at [Crew Access Aid Stations](#) only.
8. Crews may not intentionally meet their runners outside of crew aid stations.
9. Crewing is generally limited to a 400-yard radius of the aid station. Aid Station Captains may extend or limit this as the site requires.
10. No drones from Friday, July 10th, 2026 to Sunday, July 12th, 2026. Penalties can include up to the banning of drone users from future Hardrocks and disqualification of runners whose crews use them.
11. All pacers must check-in with aid station personnel and sign a waiver at pre-run check-in or the aid station where they intend to join their runner. Upon signing the waiver, pacers will receive a wristband. This wristband must be worn while on course with their runner.
12. Pacers must run at least the whole leg to the next crew access or specifically allowed aid station, as there is generally no access for them in between.
13. Runners are limited to a single pacer at a time. Pacers may not continue unless accompanying their runner.
 - a. Family and friends are welcome to join their runners for the final mile and run in together from the [edge of the Kendall Mtn Rec Center parking lot](#).
14. At the direction of the Colorado State Patrol, spectators and media are not allowed to gather at the road & South Mineral Creek crossing along US Highway 550 northwest of Silverton.
15. **Runners will be issued a single crew pass, which must be displayed when visiting any crew-access aid station.** The pass specifically allows one crew vehicle to park in designated areas for the Grouse Gulch and Cunningham aid stations. While through traffic will be allowed in those areas, only vehicles with a pass will be allowed to stop or park. Vehicles looking to park without a crew pass may be directed multiple miles away from the aid station.

16. Grouse Gulch:

- a. Pacers are **NOT** allowed to leave vehicles at Grouse Gulch to be picked up after the run.
- b. **ALL RUNNERS MUST CHECK-IN AND OUT AT THE TIMING TENT** regardless of where their crews set up.
- c. **No restroom facilities will be available at Grouse Gulch for crews.** Crews are highly encouraged to use the provided porta at Eureka before leaving for Grouse. Vault toilets are located at Animas Forks, 0.6 miles past the aid station.

Pacers are allowed from Ouray (Mile 43.9) to the finish. Pacers may start or stop at crew access aid stations from that point forward (Grouse Gulch, Sherman, Cunningham).

Pacers may hike into the Maggie Aid Station from the parking lot at the junction with CR 2 (3.25mi / 1700' gain) to join their runner. NO ADDITIONAL CREW at Maggie - the only ones hiking up should be joining their runner on course out of the aid station.

Runners over 60 years old may have pacers for the entire run.

Suggested Gear List for Crews:

- Waterproof Rain Jacket or Poncho
- Headlight/Flashlight & xtra batteries
- Warm Hat & Gloves
- Puffy or other warm jacket
- Dry change of clothes
- Sunscreen
- Bug Spray
- Water bottle & Extra Jug
- Snacks/Meals
- Pen and paper
- Book
- This Manual
- [Printed Map](#)

Crew Access Aid Station - Drive Times

Summer is the prime road construction season. Be advised to check with local and [Colorado Department of Transportation](#) offices for road closures and delays.

In many cases, your vehicle's clearance is more important than whether you have 2WD or 4WD.

Please remember that we share these roads with other users and it is imperative that we:

- a. are all good ambassadors for the Hardrock Hundred Endurance Run and respect others' right to use the same roads as we do.
- b. are familiar with and practice [backcountry driving etiquette](#) (speed, yielding , etc.).
- c. park as far off the roadways as is safely possible

From	To	Road Surface	Estimated	Route
Silverton	Ophir (via Ophir Pass)	Difficult/4WD	1hr10min	Google Maps
	Ophir (via Telluride/Ouray)	Pavement	2hr15min	Google Maps
Ophir	Telluride (via Hwy 145)	Pavement	35 min	Google Maps
Telluride	Ouray (via Hwy 62)	Pavement	1hr15 min	Google Maps
Ouray	Silverton (via Hwy 550)	Pavement	1hr	Google Maps
Silverton	Eureka Staging Area	Dirt	25min	Google Maps
<i>Crews must remain at Eureka staging until runner has cleared Oh! Point</i>				
Eureka	Grouse Gulch	4WD Rec'd	25min	Google Maps
Grouse Gulch	Sherman (via Cinnamon Pass)	Difficult/4WD	2hr30min	Google Maps
	Sherman (via Hwys 550/50/149)	Pavement/Dirt	4hr15min	Google Maps
Sherman	Cunningham (via Cinnamon Pass)	Difficult/4WD	3hr	Google Maps
	Cunningham (via Hwys 550/50/149)	Pavement/Dirt	4hr15min	Google Maps
Cunningham	Silverton	Dirt	30 min	Google Maps

Crew Access Aid Station Driving Directions

Chapman - [37.8556° -107.8044°](#) - MUST DISPLAY CREW PARKING PASS

4WD from Silverton - 1hr Drive Time

1. Take US 550 north from the south end of Silverton.
2. Near MP 75, turn west onto the Ophir Pass Road. This intersection is marked with a large green sign.
3. Take the dirt road to Ophir Pass (11,800'). The road becomes noticeably rougher and steeper on the two-mile descent to the aid station at the south turnoff toward Swamp Gulch.
4. Continue west past the intersection with the path where runners come out onto Ophir Pass Road.
5. **You must park in the [designated lot in Ophir](#) and hike east along Ophir Pass Road (1.9mi) to the aid station.**
 - a. While parking will be in the same location as before, please pay attention to park ONLY on the woodchips down along the side of the road, NOT the grass.

Alternate 2WD from Silverton

1. Take US 550 North from the south end of Silverton for 33mi.
2. At the lighted intersection in Ridgway, turn left (west) onto CO-62 for 23mi.
3. At the T-intersection with CO-145, turn left (south) onto CO-145 for 20mi.
4. Turn left (east) onto Ophir Pass Road and go 2mi, entering the Town of Ophir.
5. **You must park in the [designated lot in Ophir](#) and hike back up Ophir Pass Road (1.75mi) to the aid station.**

No crew, spectator, media or parking or drop-offs of any kind will be allowed along Ophir Pass Road. We are serious, and penalties including disqualification and/or suspension from the lottery in future years can be applied to runners for non-compliance by their crews.

There are no bathroom facilities for crews at the parking area or aid station. Please plan appropriately.

Telluride - [37.9353° -107.8071°](#)

2WD from Silverton

1. Take US 550 North from the south end of Silverton for 33mi
2. At the lighted intersection in Ridgway, turn left (west) onto CO-62 for 23mi
3. At the T-intersection with CO-145, turn left (south) onto CO-145 for 13mi
4. For Quick Stops (Under 3hrs):

- a. Use the metered parking located throughout town, mostly on CO-145/Colorado Ave.
- 5. For Longer Stops:
 - a. Silverjack Parking Garage (3 block walk; paid)
 - i. Turn Right on Fir St, go two blocks to garage on left
 - ii. Walk three blocks east on Pacific St to Town Park
 - b. Shandoka Parking lot (10 block walk; free)
 - i. At the traffic circle, take the 1st exit onto Mahoney Dr, go 0.3mi
 - ii. The Shandoka lot will be on your right after you cross Pacific Ave, just before the road makes a big right turn
 - iii. Walk ten blocks east on Pacific St to Town Park

We recommend crews be conscientious of the amount of gear they haul to the aid station.

For those with physical limitations or needing a closer unload point, the east end of Pacific Ave is the designated unload zone. Parking there is limited by signage to 20min for a dozen spots, which have direct access to the aid area.

Pacers may not leave their vehicles at the aid station.

4WD from Silverton

1. Take US 550 north from the south end of Silverton.
2. Near MP 75, turn west onto the Ophir Pass Road. This intersection is marked with a large green sign.
3. Take the dirt road up & over Ophir Pass (11,800') for 10mi to CO-145. The road becomes noticeably rougher and steeper on the west side.
4. Turn right (north) on CO-145 and go 7mi to the traffic circle.
5. Follow steps 4-5 above

Ouray - [38.0283° -107.6731°](#)

2WD from Silverton - 45min Drive Time

1. Take US 550 north over Red Mountain Pass to Ouray.
2. Go to the north end of the main business district, and turn left (West) on 9th Ave.
3. Follow it 2 blocks, after which it will curve to the right (North).
4. Continue straight, and park in the gravel lot designated for RV parking to your right. The lot will fill, in which case use streetside parking around town, being respectful of local residents and driveways. **DO NOT PARK IN THE OURAY HOT SPRINGS PARKING LOT before 10:00p**

The aid station will be on the west side of the park between the gazebo and restrooms.

Grouse Gulch - [37.9177° -107.5582°](#)

Grouse Gulch sits at 11,000' with no utilities or phone reception and limited space for aid and parking. It is not equipped to handle the congestion of crews hanging out for 3+ hours in advance of their runners' arrival or large groups in the main aid tent area.

Eureka Staging Area

Located on CR 2 8.2 miles from Silverton and just past the Eureka Campground, the Eureka Staging Area will be open from 2p Fri thru 4a Sat. Crews should not plan on being at the Eureka Staging area earlier than 2p.

Please be sure you have the crew parking pass with you! Vehicles without a pass are *discouraged in the strongest manner* from visiting the aid station.

Pacers will be allowed to leave their vehicles at Eureka, and should plan on carpooling with another crew. Pacers will not be allowed to leave their vehicle at Grouse Gulch.

Crew vehicles will be held at the Eureka Campground and not released to continue to Grouse Gulch until their runner crosses over the top of Oh! Point.

The staging area is 3 miles / 30 min from Grouse Gulch. The road from Eureka to Grouse is rough and should be driven cautiously. We have taken into account travel times so that no one feels rushed for this drive. A runner on course record pace will travel from Oh! Point to Grouse in 75 minutes; the average runner takes 150 minutes or more.

Hardrock staff at Eureka Campground will have live GPS tracking and a public wifi hotspot to keep track of runners. Once crews note their runner's progress past Oh! Point, they may show their crew pass to staff who will confirm their specific runner's progress and release them to Grouse Gulch.

The Eureka Campground store will be open from 8a-5p with some food/beverage options.

No restroom facilities will be available at Grouse Gulch for crews. Crews are highly encouraged to use the provided porto at Eureka before leaving for Grouse. Vault toilets are located at Animas Forks, 0.6 miles past the aid station.

Driving Directions

1. Take CR 2 northeast from Silverton about 8 miles to the Eureka Campground. Follow the instructions above for the Eureka Staging Area.
2. Once a crew vehicle is approved to move beyond the staging area, proceed another 3mi north (uphill) on CR 2. The road becomes notably rougher after leaving the staging area.
3. When you arrive at the aid station area, look for parking volunteers and follow their instructions on where to park and set up your crew area.

Grouse Gulch Parking & Crewing Directions

All run-related traffic will be directed past the aid station along CR 2 with volunteers staged along the roadway as outlined here to be able to assist crews. Only vehicles displaying a crew pass will be allowed to park. The designated crew parking area is along the west side of CR 2, facing north. Vehicles will park facing the wrong-way, and turn-around in place to return to Silverton. PLEASE DEFER TO RUNNERS on this stretch. Volunteers will be there to assist crews arriving and departing.

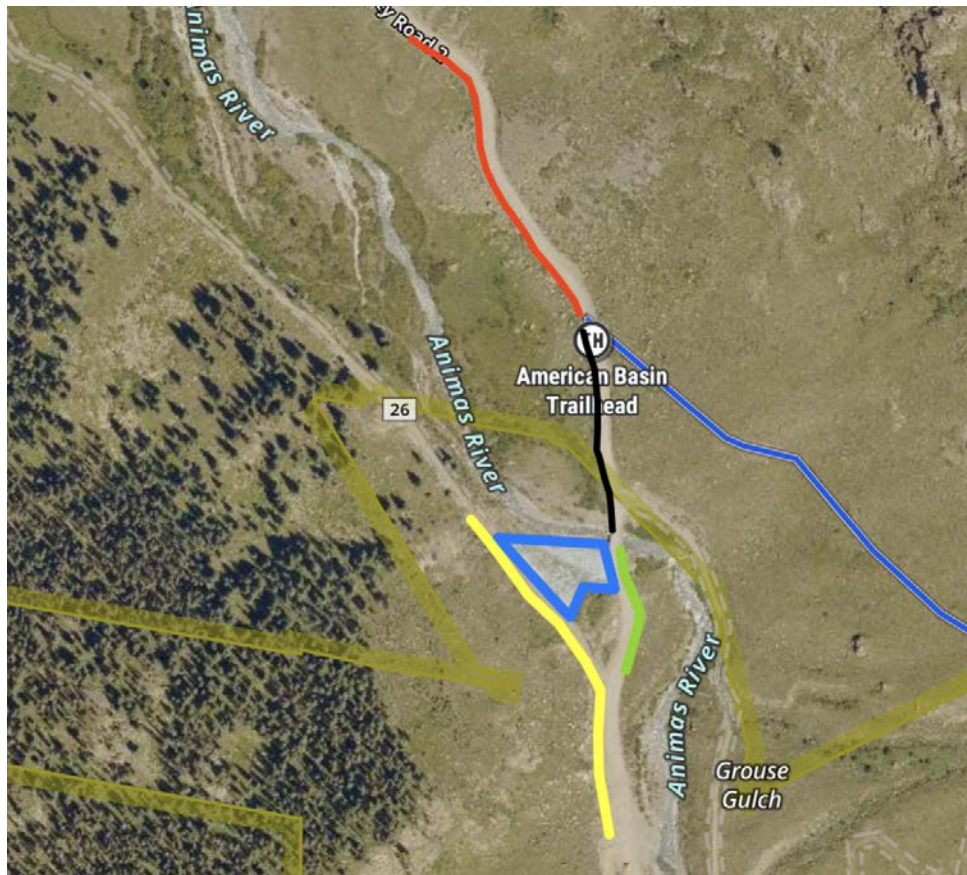
Crews heading to Sherman will follow directions over Cinnamon Pass.

Pacers may NOT leave their vehicles at the aid station. Pacers may leave their vehicles at the Eureka Staging Area.

Crewing will only be allowed in the crew access zone or in the aid station runner care tents. Crewing is not allowed from vehicles (with an exception for runners resting in a stationary vehicle). Crews will set up in the designated crew access zone which will be located between the Handies trailhead and the timing tent along CR 2 and will have a dedicated volunteer (concierge service) to assist with runner needs. Crews are asked to only bring what is absolutely necessary as space is limited, (i.e. a chair, a cooler, a drop bag).

Only two pacers OR crew members will be allowed with the runner into the main aid station tent area, and only after their runner has arrived.

ALL RUNNERS MUST CHECK-IN AND OUT AT THE TIMING TENT regardless of what location their crews set up.



Blue Box - Aid main area

Black - Crewing Zone

Yellow - Volunteer Parking

Red - Crew Parking

Green - Media Parking

Sherman - [37.9007° -107.4331°](#)

4WD from Grouse Gulch - 2hr Drive Time

1. Take CR 2 NE from Grouse Gulch for 1.5 miles
2. Just past Animas Forks, turn right onto CR 9 / Cinnamon Pass Road.
3. Continue roughly east up and over Cinnamon Pass toward Lake City for approximately 13 miles. You will pass the Burrows Park Aid Station (no crewing allowed - continue without stopping). San Juan CR 9 becomes Hinsdale CR 30.
4. At the junction of CR 30 and CR 35, turn sharply right (West). If you hit the Grizzly RT RV Park, you have gone too far. Continue on CR35 west for one mile to the BLM latrine and Cataract Gulch Trailhead where the aid station is located.
5. Follow directions of the on-site parking volunteers to stay in line with other vehicles and not block access to through/emergency traffic.

Alternate 2WD from Lake City - 3hr 45min Drive Time

1. Proceed to Lake City from Silverton following standard Google Map Instructions (US 550 -> US 50 -> CO 149).
2. From Lake City, continue south on CO 149 2.5mi south to the turnoff to Lake San Cristobal Road.
3. Turn on the Lake San Cristobal Road and continue past the lake to the end of the pavement.
4. Continue on CR 30 about 14 miles to CR 35 and the signed turnoff to Sherman.
5. Go one mile to the BLM latrine and the Cataract Gulch Trailhead where the aid station is located.
6. Follow directions of the on-site parking volunteers to stay in line with other vehicles and not block access to through/emergency traffic.

Cunningham Gulch - [37.7932° -107.5777°](#)

2WD from Silverton - 30min Drive Time

1. Take CR 2 NE from Silverton 4 miles to Cunningham Gulch following the signs to the Old Hundred Mine Tour.
2. Just after crossing the Animas River Bridge at Howardsville, turn right (South) up the valley toward Stony Pass.
3. At 2mi past the turn, DO NOT turn left onto the Stony Pass Road, but instead angle Right (Southwest) toward the Highland Mary trailhead.
4. At 2mi beyond the Stony Pass Road, go past the Corral on your right to a large clearing. The aid station is in the clearing between the road and the creek.

5. You will likely encounter parking marshals and the line of parked vehicles before arriving at the aid station. Please follow their instructions, park single-file on the west side of the road, and be prepared to walk up to a mile.
6. Carpool parking will be available for vehicles who have at least two people AND two crew passes, starting from the aid station and stretching south. Vehicles who meet this criteria should continue on past the line of parked cars and aid station to this area. There will be a parking team members verifying passes, and any vehicles not having two passes will be turned around to regular parking.

Bathroom facilities at Cunningham are very limited. Please plan ahead if at all possible.

Crews should not proceed immediately from Grouse Gulch to Cunningham. You will be there for a minimum of 8 hours, and the site is not equipped to handle multiple crews hanging out for extended time frames. Return to Silverton and enjoy the amenities there, knowing you will have cell service to track your runner and only a 20-30min drive time to get to Cunningham.

Safety

This is a dangerous course! In addition to trail running, you will likely:

- Wade knee-deep, ice-cold streams
- Cross snow fields in both slick and post-holing conditions
- Traverse trails with 300'+ cliffs immediately to one side
- Rock climb (mild, but hands required)
- Be caught above treeline in extreme thunderstorms

It is recommended to always carry at least one *more* warm item than you think you will need. Every year, runners get stuck unexpectedly due to injury or weather. Hypothermia can be a killer, especially on tired bodies with no reserves left for generating heat.

The run start and some of the aid stations are at a relatively low elevation (7,700-9,000 feet) and in sheltered valleys, while most of the run takes place above 11,000 feet in exposed areas above timberline. Temperatures and wind conditions can be markedly different up high and the temperature can suddenly and dramatically drop.

In a typical year, you will have wet feet 90% or more of your run.

Recommended Gear

- | | |
|------------------------------------|-------------------|
| • Rain Jacket (Hard Shell) | • Rain Pants |
| • Emergency Blanket | • Gloves |
| • Running Hat/Cap | • Whistle |
| • Sunglasses | • Sunblock |
| • Headlamp (+backup) | • Spare Batteries |
| • Capacity to carry 80 oz of fluid | • 500 calories |

Weather

Weather is a critical factor in Hardrock and can be at least as formidable as the terrain, remoteness, or high elevation. Every runner should carry gear appropriate for drenching rain, high winds, and near-freezing temperatures - possibly all at the same time.

Typically there is a brief period each year when the snow is generally gone, but the summer "monsoon" has not yet gotten into full swing – we attempt to hit this window.

The "monsoon" is a daily weather cycle. Calm mornings, but as the day warms up, thunderheads build up and intense thunderstorms may occur each afternoon, abating in the evening and through the night.

The 48hr Cut-Off is not only in recognition of the difficult terrain, but also allows runners to wait out thunderstorms or other life-threatening weather. You can hunker down in a valley for 2-4 hours and still finish. However, if you get fried by lightning, your running career may end on the spot. Discretion is the better part of valor.

The Run Director may authorize Aid Captains to hold runners if weather conditions are considered too dangerous and prevent runners from continuing if not carrying gear appropriate for conditions.

Lightning

Several runners in past years have had direct contact with lightning and there have been several more near misses. If caught in lightning, head to lower terrain as fast as you can. If you cannot, find a low point or shelter away from conductors (poles, trees).

If your hair begins to stand on end and/or your skin starts to tingle, a lightning strike is imminent. Assume the lightning position to wait out the storm:

1. If you are with a group of runners, spread out by at least 50' **Very important**
2. Put your feet together
3. Crouch slightly
4. Minimize contact with the ground and other conductors (stay on the balls of your feet)
5. Cover your ears
6. Touch your elbows to your knees to give current a path to flow other than through your torso

Snow

The course passes by several snow features whose danger varies year-to-year. Large snow fields may be sloped and extremely slick at night, while present post-holing above fields of sharp scree during the day. Use caution when approaching the edges of snowfields from above or below, as cornices (layers of snow overhanging open space) may fall from above or collapse beneath your feet.

First Aid

If you encounter a person who is injured, first GET HELP through official run channels, then keep the victim warm. All aid stations are staffed by at least an EMT, have a first aid kit, and have radio communication.

Additionally, each runner carries a SPOT tracker which is used to pinpoint their location at all times.

Most medical problems will be relatively minor: sunburn, blisters, sprains, abrasions, and fatigue. In the later stages of the run, runners may also be dehydrated, fatigued, nauseated and/or hallucinating. Stretches between aid stations can last 6 hours or more. Be aware of these factors as you plan for your run.

Search and Rescue

All Search and Rescue missions are initiated by the Run Director.

All runners are required to carry a run-provided GPS Tracking device from MAPProgress. This will facilitate our efforts to locate and access you more efficiently in a Search and Rescue operation. Training on the operations of this device will be provided prior to the run as part of packet pickup. To send an S.O.S. alert via the tracking device, open the protective flap then press and hold the S.O.S. button until the function light blinks green. A runner who has their S.O.S. activated (or has one activated on their behalf) is assumed to be dropping from the run.

Dropping Out

While no one likes to contemplate it, there may come a time when it is smarter for you to drop out than to continue. Also, you may miss the cutoff times or be pulled for a medical reason. However the decision is made, you must ensure the nearest Aid Station Captain is informed, have them cut off your ID bracelet, and turn in your GPS tracker to them.

Depending on your location, it may be very hard for us to arrange transportation from your dropout point to the finish. You may have to wait many hours for this, as we may have to coordinate a vehicle via radio. All we can promise is a best try effort.

Joel Zucker Memorial Scholarship

The Joel Zucker Memorial Scholarship was created in memory of Joel Zucker who died at the age of 44, two days after completing his third Hardrock Hundred run in July 1998. Joel loved Silverton and running in the mountains and was loved by all who knew him. He was an inspiration to many people who thought they could never run a hundred miles. Joel always managed to finish the run within the last 10 minutes of the 48-hour deadline.

The scholarship is awarded to High School seniors from the San Juan Mountains region. Additional scholarships are given to former recipients to continue their undergraduate education. Students must apply in writing and be interviewed to qualify.

Money for this scholarship is raised entirely by donations received from Hardrock Hundred runners, volunteers, and partners, as well as friends and family of Joel.

[Donate Online!](#)

If you want to mail in a check, make it out to “Community Foundation serving Southwest Colorado” and make sure to enter “Joel Zucker Scholarship” in the memo line. Mail it to:
Community Foundation serving Southwest Colorado
PO Box 1673
Durango, CO 81302

We are happy to let you know that contributions to the Joel Zucker Memorial Scholarship ARE tax-deductible to the extent allowable by law. The Community Foundation serving Southwest Colorado tax number is 84-1474900.

For more information or to request a scholarship application, please email [Andi Kron](#).

Value Statements

The Hardrock Hundred is committed to providing unique and challenging running opportunities. We are dedicated to the ongoing development and management of these opportunities through the honesty, integrity and professionalism of our management, operations and interactions with those who become associated with the Hardrock Hundred Endurance Run. Our goal is to make the Hardrock Hundred Endurance Run a standard of excellence in terms of its organization and runner satisfaction.

The Runners

The Hardrock Hundred recognizes and appreciates the dedication and determination of the Hardrock runner. We will strive to meet the physical and administrative needs of each individual runner through runner feedback, proactive planning and sensitivity in the consideration of their needs. We are friendly, courteous, fair and professional in our relationships with our runners. We strive to make ours an enjoyable and safe event.

The Communities

The Hardrock Hundred is committed to providing long-term relationships with the communities that are part of our event. We strive to foster this relationship through effective communication, economic opportunities and openness to the needs and concerns of the towns involved with the Hardrock Hundred. The Hardrock Hundred is also dedicated to becoming a source of financial and administrative assistance to those communities. This assistance will be offered as we become economically viable and open to those in the community who have helped us reach our goals.

The Volunteers

The Hardrock Hundred realizes that our event is only as good as our people. We are dedicated to the long-term development of a group of volunteers that are enthusiastic, knowledgeable and responsible and who are an integral part of the success of our events. We encourage open communication, input and suggestions from those who volunteer their time and energy to the Hardrock Hundred.

The Partners

The Hardrock Hundred realizes the marketing uniqueness of our event and strives to make this an event, which reflects positively on our sponsors and their products. We welcome sponsorship of our events that is mutually beneficial to the sponsor, runner and Hardrock Hundred. Sponsors who are interested and who participate in the Hardrock Hundred will be treated in a fair and honest manner.

The Land

The Hardrock Hundred appreciates the beauty and vulnerability of the lands that are the basis of our event. We strive to use utmost consideration and respect for these lands in the planning and implementation of our event. We are committed to maintaining open and positive communication with the stewards of the natural resources that we utilize.

Keeping Hardrock Green

A core value of Hardrock is responsibility to the lands on which we run and the communities in which we operate. It is our responsibility to reduce negative impacts every chance we get. Hardrock:

- is a cupless event. Every aid station will have reusable cups, dishware, and a wash kit; runners do not need to carry their own cup. No disposable dishware will be provided by Run HQ.
- is working to reduce traffic at key wilderness areas: Chapman (Ophir), Grouse Gulch, Sherman, and Cunningham in particular.
- is constantly expanding our recycling & composting during run week.

It takes awareness and effort by everyone - runners, crews, volunteers, spectators, media, etc. - to reduce our collective impact.

Here are some ideas to help us all do even better! Keep these in mind during the run, when you are training, or just out exploring the San Juan Mountains!

Runners

- Don't litter! Pick up trash you find on trail
- Use reusable dispensers on trail and buy products in bulk
- Embrace cupless running
- Plan with your crew to reduce traffic to aid stations
- Learn and Practice "[Leave No Trace](#)"
- Practice low-impact use of the wilderness any time you are on the trail

Crews

- Bring supplies such as reusable cups, plates, and utensils
- Collect recyclables and make sure they get recycled
- Reduce the number of vehicles going to aid stations – carpool!
- [Learn the rules for responsible off-road driving](#)
 - Stay on designated routes
 - Observe right-of-way on narrow mountain dirt roads
 - Park in designated spots only
- Don't litter! Pick up trash you find on trail
- Pick up after your pets

Volunteers

- Help runners be cupless.
- Carpool and Limit cars to aid stations as much as possible.
- Separate recyclables and compostables into the provided containers
- Learn and Practice "[Leave No Trace](#)"

Run Contacts

Run Director

Dale Garland
1701 Bright Shore Way
Severance, CO 80550
(970) 769-2872
dale@hardrock100.com

Medical Coordinator

Mike Irwin
1204 Avenida Del Sol #221
Durango, CO 81301
(435) 669-5927
mike@hardrock100.com

Aid Stations

Brad Bishop
2412 Crabtree Dr
Fort Collins, CO 80521
(303) 946-9320
brad@hardrock100.com

Course Director

Brett Sublett
brettsublett@hardrock100.com

Medical Adviser

Dr. David Hughes, MD
david.hughes@hardrock100.com

Runner Tracking

Allie Smith
allison@hardrock100.com

Volunteers

Bill Schum
bill@hardrock100.com

Communications

Shauna & Steve Blaylock
comm@hardrock100.com

Trail Work

Trevor Peterson
trailwork@hardrock100.com

Board President

Meghan Hicks
meghan@hardrock100.com

<https://www.hardrock100.com>

<https://www.facebook.com/hardrockhundred>

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<https://x.com/hardrock100>

<https://groups.google.com/g/hardrock100>

We acknowledge the land the Hardrock 100 traverses is the ancestral homeland of the Ute, Puebloan and Diné people. Information about this land is often told from dominant perspectives, without full recognition of the original land stewards. We invite others to join us in this acknowledgment to heal, renew and reaffirm the First Nations' history and continued presence in Colorado and pay tribute to these traditional homelands and its people.