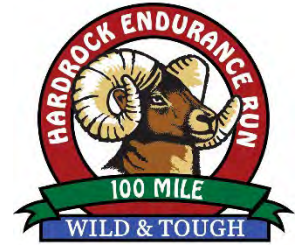


Kari Fraser Elected to Hardrock Board of Directions

The Hardrock Hundred Endurance Run Board of Directors is pleased to announce the election of Kari Fraser of Boulder, Colorado to its Board of Directors. Kari was elected to take the place of Blake Wood, who is retiring from the Board of Directors.



Kari is a 2-time finisher of Hardrock and has captained the Chapman Gulch, Finish Line and Ouray aid stations. “For me, volunteering on the Hardrock Board is an expansion of my love and support of mountain ultrarunning generally, and Hardrock specifically. Being a member of the Board is an opportunity to deepen the relationship I have built with the run, the mountains, the runners, the volunteers and the Hardrock community over the past 14 years.” said Kari.

Doug Hart, Hardrock Board of Directors president, added “We are fortunate that Kari is willing to share her talent and expertise to the Board of Directors. As a practicing clinical psychologist, she will bring a balanced perspective to our board meetings.”

The Hardrock Hundred Endurance Run is a 102 mile trail run that will see participants going over 12,000 feet above sea level 13 times, with 7 of those times over 13,000’, and running over the summit of Handies Peak, one of Colorado’s famed “14ers” at an oxygen stealing 14,048 ft. above sea level! When all totaled up, Hardrock participants will run the equivalent from sea level to the top of Mt. Everest and back at an average elevation of more than 2 miles above sea level.

The 2025 Hardrock Hundred Endurance Run will be held on July 11-13, 2025. We welcome your press questions and inquiries. If you would like more information on this extraordinary athletic event, please contact:

Dale Garland, Run Director
dale@hardrock100.com

Doug Hart, President, Hardrock Board of Directors
doug@hardrock100.com

You may also learn more about our run and see stunning photography of our event by visiting the Hardrock Hundred Endurance Run [home page](#), [Facebook](#) or [Instagram](#).

